Suggested Use: 1 softgel preferably with meals or as directed by a healthcare professional.

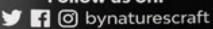
Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL. DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SAME CRAFT

Flaxseed

PROVIDING OMEGA 3, 6, & 9

Heart Health* ✓ Healthy Hair, Skin, & Nails*

HEART & LUNGS*

Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 60

Amount Per Serving	% Daily Value**	
Calories	10	
Calories from Fat	10	
Total Fat	1g	1%
Flaxseed Oil (Organic)	1000mg	t

Naturally Providing: Alpha-Linolenic Acid (Omega-3) Linoleic Acid (Omega-6) Oleic Acid (Omega-9) Other Fatty Acids & Phytonutrients

** Percent Daily Value based on a 2,000 calorie diet † Daily Value not established

Other Ingredients: Gelatin (bovine), Glycerin, Purified Water and Caramel Color

> Manufactured Exclusively For: Nature's Craft Pomona, NY 10970 shopnaturescraft.com | 408-599-3841 hello@shopnaturescraft.com

Lot # and Best by date printed on the bottom of the bottle.

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