Suggested Use: As a dietary supplement, take two (2) capsules once a day. For best results, take 20-30 min before a meal or as directed by your healthcare professional.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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NEW LOOK



SAME CRAFT

Ashwagandha

WITH BLACK PEPPER

- ✓ Energy & Mood Support*
- ✓ Assists Daily Stress Management*

SLEEP & MOOD*

Capsules



Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving % DV Organic Ashwagandha 1300mg (Withania somnifera)(root) Organic Black Pepper 10mg (Piper nigrum)(fruit) ** Daily Value (DV) not established

Inactive Ingredients: Pullulan Capsules

Manufactured For: Nature's Craft Pomona, NY 10970 shopnaturescraft.com I 408-599-3841 hello@shopnaturescraft.com



Lot # and Best by date printed on the bottom of the bottle. V3R0

Actual Capsule Size







