

Suggested Use: 1 to 2 capsules taken at bedtime with 8 ounces of water or as directed by a healthcare professional.

Caution: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, and individuals taking any prescription medication including anti-depressants. Reduce dose if drowsiness occurs. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW LOOK



SAME CRAFT

5-HTP

EXTRA STRENGTH

FOR RELIEF OF OCCASIONAL SLEEPLESSNESS

SLEEP & MOOD*

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		% DV
5-HTP (5-Hydroxytryptophan) (<i>Griffonia simplicifolia</i> seed)	100mg	**

** Daily Value (DV) not established.

Other Ingredients: Rice Powder, Gelatin (Bovine), and Vegetable Magnesium Stearate

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Manufactured Exclusively For:

Nature's Craft

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Lot # and Best by date printed on the bottom of the bottle. V2R2



Please Recycle.

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60 Capsules

Dietary Supplement