

meijer®

Compare to
One A Day® Women's
ingredients¹

WOMEN'S one daily

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

COMPREHENSIVE
NUTRITIONAL SUPPORT

This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

200 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate and 10% as Beta-Carotene)	700 mcg 78%	Biotin (as d-Biotin)	1,000 mcg 3,333%
Vitamin C (as Ascorbic Acid)	75 mg 83%	Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%
Vitamin D₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Calcium (as Calcium Carbonate)	380 mg 29%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	7.5 mg 50%	Iron (as Ferrous Fumarate)	18 mg 100%
Vitamin K (as Phytonadione)	25 mcg 21%	Iodine (as Potassium Iodide)	150 mcg 100%
Thiamin (as Thiamin Mononitrate, B-1)	1.2 mg 100%	Zinc (as Zinc Oxide)	8 mg 73%
Riboflavin (Vitamin B-2)	1.3 mg 100%	Selenium	27.5 mcg 50%
Niacin (as Niacinamide)	16 mg 100%	(as Sodium Selenate)	
Vitamin B-6 (as Pyridoxine HCl)	1.7 mg 100%	Copper (as Copper Sulfate)	0.9 mg 100%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Manganese (as Manganese Sulfate)	1.8 mg 78%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%	Chromium (as Chromium Chloride)	25 mcg 71%

Other Ingredients: Gum Acacia, Cellulose, Starch. Contains <2% of: Artificial Colors (FD&C Blue #2, Carmine, FD&C Yellow #5, FD&C Yellow #6), Croscarmellose Sodium, Dicalcium Phosphate, Magnesium Silicate, Magnesium Stearate, Mono/Diglycerides, PEG/PVA Copolymer, Polyvinyl Alcohol, Silicon Dioxide, Stearic Acid, Titanium Dioxide.

No added yeast or
artificial flavors. Non-GMO

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

¹This product is not manufactured or distributed by Bayer Health Care, LLC, owner of the registered trademark One A Day®.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.



Questions or comments? 1-800-530-2178

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544
www.meijer.com

501549-0820N

PID 2716891

