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BAR-6c-U-2201



NO GMOs



NO SOY



NO GLUTEN

VEGETARIAN
FRIENDLYNO COLORING,
PRESERVATIVES
OR FLAVORING

Suggested Use: Adults take one (1) capsule daily with a meal and a full glass of water.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives.

Caution: Keep out of reach of children. As with any dietary supplement, consult a healthcare practitioner prior to use. Store in a cool, dry place.

Do not use if safety seal under the lid is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Aquamin® is a registered trademark of Marigot Limited.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
Bridgewater, NJ 08807, USA
1.800.560.8550
www.naturelo.com



NATURELO®

PREMIUM SUPPLEMENTS

BARIATRIC MULTIVITAMIN

WITH IRON

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

ONE DAILY MULTIVITAMIN FOR
POST BARIATRIC SURGERY PATIENTS*



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving			%DV	Amount Per Serving			%DV
Vitamin A (as Beta Carotene)	2700 mcg RAE	300%		Zinc (from Zinc Citrate Dihydrate)	11 mg	100%	
Vitamin C (as L-Ascorbate and Acerola Cherry Extract)	108 mg	120%		Selenium (as Selenium Glycinate)	100 mcg	182%	
Vitamin D3 (as Cholecalciferol)	60 mcg (2400 IU)	300%		Copper (as Copper Amino acid)	1.6 mg	178%	
Vitamin E (as d-Alpha Tocopheryl from Sunflower)	21 mg alpha tocopherol	140%		Manganese (as Manganese Sulfate)	2.4 mg	104%	
Vitamin B1 (from Thiamine HCl)	10 mg	833%		Chromium (from Chromium Polynicotinate)	63 mcg	180%	
Vitamin B2 (Riboflavin)	6 mg	462%		Molybdenum (as Molybdenum Chelate)	75 mcg	167%	
Vitamin B3 (as Niacinamide)	30 mg NE	188%		Vitamin K2 (as Menaquinone MK-7)	120 mcg	**	
Vitamin B6 (from Pyridoxine HCl)	12 mg	706%		Silicon (from Silicon Dioxide)	3.50 mg	**	
Folate (as Active L-5-Methylfolate)	800 mcg DFE	200%		Organic Fruit & Vegetable Blend			
Vitamin B12 (as Methylcobalamin)	480 mcg	20000%		Organic Apple Fiber (Fruit)	5 mg	**	
Biotin (as D-Biotin)	600 mcg	2000%		Organic Carrot (Root)	5 mg	**	
Vitamin B5 (from d-Calcium Pantothenate)	15 mg	300%		Organic Kale (Whole Plant)	5 mg	**	
Iron (from Ferrous Fumarate)	36 mg	200%		Organic Mango (Fruit)	5 mg	**	
Iodine (from Wild, Hand-harvested Kelp)	150 mcg	100%		Organic Orange (Fruit)	5 mg	**	
Magnesium (from Aquamin® Magnesium)	24 mg	6%		Organic Spinach (Leaf/Stalk)	5 mg	**	

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (Vegetarian Capsule), Food Starch-Modified, Dicalcium Phosphate, Maltodextrin, Starch, Sucrose, Microcrystalline Cellulose.

Best Before: See date on bottom ▼