

# FORMULA NO. 1

**Directions:** As a dietary supplement, take one capsule three times a day.

**NOTICE:** This product contains Cascara Sagrada and Rhubarb Root. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada and Rhubarb Root may worsen conditions and may be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

Item No. 3285

Lot No. / Exp. Date

Distributed by Jeunike International, Inc.  
19501 E. Walnut Drive, Box 1950, City of Industry, CA 91749  
Made and Printed in U.S.A.




**MAINTENANCE PLUS**

**M-B-ATM Adapto-Genic™ Formula No. 1**  
Multivitamin and Herbal Supplement  
A Natural Source Product 90 Capsulets

Serving Size: 1 Capsulet  
Servings Per Container: 90

| Amount Per Capsulet                    | % DV    | % DV |
|----------------------------------------|---------|------|
| Vitamin C (as ascorbic acid) . . . . . | 125 mg  | 208  |
| Vitamin E . . . . .                    | 50 IU   | 167  |
| (as d-alpha tocopheryl succinate)      |         |      |
| Niacin . . . . .                       | 50 mg   | 250  |
| Vitamin B-6 . . . . .                  | 12.5 mg | 625  |
| (as pyridoxine hydrochloride)          |         |      |
| Calcium (from calcium . . . . .        | 144 mg  | 14   |
| carbonate and dicalcium phosphate)     |         |      |
| Phosphorus . . . . .                   | 37 mg   | 4    |
| (from dicalcium phosphate)             |         |      |

  

|                                    | % DV  |
|------------------------------------|-------|
| Cascara Sagrada, bark . . . . .    | 50 mg |
| Chickweed, entire plant . . . . .  | 50 mg |
| Apple Cider Vinegar, dry . . . . . | 50 mg |
| Gentian, root . . . . .            | 50 mg |
| Ginger Root . . . . .              | 50 mg |
| Rhubarb Root . . . . .             | 50 mg |
| Yellow Dock, root . . . . .        | 25 mg |
| Kelp, entire plant . . . . .       | 10 mg |
| Lectithin . . . . .                | 10 mg |

† Daily Value not established

**Other Ingredients:** stearic acid, silicon dioxide, magnesium stearate, hydroxypropyl methyl cellulose, propylene glycol.

# FORMULA NO. 2

**Directions:** As a dietary supplement, take two tablets three times a day.

**NOTICE:** This product contains Senna Leaf. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Senna Leaf may worsen conditions and may be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

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**MAINTENANCE PLUS**

**M-B-ATM Adapto-Genic™ Formula No. 2**  
Herbal Supplement  
A Natural Source Product 180 Oval Tablets

Serving Size: 2 Tablets  
Servings Per Container: 90

| Amount Per Two Tablets                 | % DV   | % DV |
|----------------------------------------|--------|------|
| Chitosan* . . . . .                    | 250 mg |      |
| Garcinia cambogia, fruit and . . . . . | 130 mg |      |
| Acacia Gum . . . . .                   | 80 mg  |      |
| Fo-Ti, root . . . . .                  | 80 mg  |      |
| Ginseng, root . . . . .                | 80 mg  |      |
| Guaiac, root . . . . .                 | 80 mg  |      |
| Gotu - Kola, whole herb . . . . .      | 80 mg  |      |
| Guarana, seed . . . . .                | 80 mg  |      |
| Alfalfa, leaf . . . . .                | 50 mg  |      |
| Boronabin, pineapple enzyme . . . . .  | 50 mg  |      |
| Dandelion, root . . . . .              | 50 mg  |      |
| Juniper, berry . . . . .               | 50 mg  |      |
| Licorice, root . . . . .               | 50 mg  |      |
| Pepsin, papaya enzyme . . . . .        | 50 mg  |      |
| Saw Palmetto, berry . . . . .          | 50 mg  |      |

  

|                                   | % DV  |
|-----------------------------------|-------|
| Senna, leaf . . . . .             | 50 mg |
| Senna, whole herb . . . . .       | 50 mg |
| Live Uci, leaf . . . . .          | 50 mg |
| Watercress, whole plant . . . . . | 50 mg |
| White willow bark . . . . .       | 50 mg |
| Irish moss, whole plant . . . . . | 45 mg |
| Howarth, berry . . . . .          | 45 mg |
| Yerba mate, leaf . . . . .        | 45 mg |
| Capsicum, fruit . . . . .         | 40 mg |
| Fennel, seed . . . . .            | 25 mg |
| Illips, fruit . . . . .           | 25 mg |
| Mertis, leaf . . . . .            | 25 mg |
| Paspalum, leaf . . . . .          | 25 mg |
| Valeriana, root . . . . .         | 25 mg |

† Daily Value not established

\*Chitosan is a registered trademark of Interhealth, Inc.

**Other Ingredients:** cellulose, stearic acid, silicon dioxide, magnesium stearate, hydroxypropyl methyl cellulose, propylene glycol.