

meijer

ONCE DAILY prenatal multi

DIETARY SUPPLEMENT

WOMEN'S HEALTH

Plant Pure omega-3

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

30 Softgels

Complete Multi with Folate + DHA
No Synthetic Dyes

Supplement Facts

Serving Size One (1) Softgel

	Amount per Serving	% DV Pregnant & Nursing Women
Calories	5	
Total Fat	0.5 g	1%††
Vitamin A (50% as Beta Carotene/50% as Palmitate)	1200 mcg RAE	92%
Vitamin C (as Ascorbic Acid)	60 mg	50%
Vitamin D3 (as Cholecalciferol)	10 mcg (400 IU)	67%
Vitamin E (as d-alpha-Tocopheryl Acetate)	20 mg	106%
Vitamin B1 (as Thiamine Mononitrate)	1.7 mg	121%
Vitamin B2 (Riboflavin)	2 mg	125%
Vitamin B3 (as Niacinamide)	20 mg NE	111%
Vitamin B6 (as Pyridoxine HCl)	2.5 mg	125%
Folate (1360 mcg DFE (800 mcg folic acid))		222%
Vitamin B12 (as Cyanocobalamin)	8 mcg	286%
Biotin	300 mcg	857%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	143%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Iron Carbonyl)	28 mg	104%
Iodine (as Potassium Iodide)	150 mcg	52%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	115%
Copper (as Copper Oxide)	2 mg	154%
Omega-3 DHA (docosahexaenoic acid from <i>Schizochytrium</i> sp. Oil)	200 mg	†

†† Percent Daily Values are based on a 2,000 calorie diet for pregnant or nursing women. † Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin (Bovine), Glycerin, Sunflower Oil, Sunflower Lecithin, Purified Water. Contains 2% or less of: Yellow Beeswax, Rosemary Extract, Tocopherols, Ascorbyl Palmitate & Ascorbic Acid (as Antioxidants), Canola Oil, Corn Oil, Vegetable Juice & Annatto (as Colors).

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www.meijer.com (QUESTIONS OR COMMENTS? 1-800-352-8674)

The unique Plant-Pure DHA® in Meijer® Once Daily Prenatal Multi is an ultra-pure and completely fish-free DHA to support your baby's brain and eye development.* Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.*

SUGGESTED USE: As a dietary supplement for pregnant and nursing women, take one softgel daily with a meal. Consult your doctor before use.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, keep in a cool, dry place with the cap tightly closed. Protect from excessive heat or freezing.

TAMPER EVIDENT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING. Natural color variation may occur in this product.

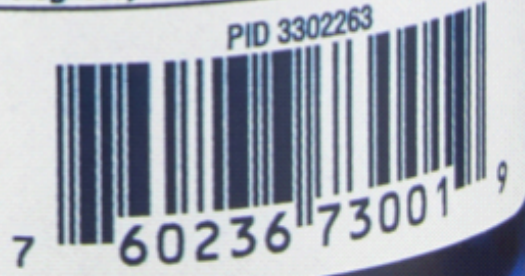
Individual results may vary. Plant-Pure DHA and Plant Pure omega-3 logo are registered trademarks of Lang Pharma Nutrition, Inc.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control center immediately.

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PID 3302263



actual size