

ENZYMEDICA®

MAGNESIUM

Motion

Daily Aches,
Muscle & Bones*

ATA Mg® | Glycinate | Malate
3 Highly Bioavailable Forms of Magnesium



120
CAPSULES

Vegan Dietary Supplement

MAGNESIUM You Can Feel



Maintains Healthy Muscles*

Magnesium promotes healthy muscle function & recovery.* When your muscles are at their best, you'll discover improved range of motion & daily performance.*



Supports Strong Bones*

Magnesium better bone health, including the maintenance, production & overall function of bone.*



Soothes Daily Aches*

All pain and no play is not your way! Stand up to occasional aches and discomfort with three forms of Magnesium that'll give you the extra cellular boost necessary to be at your best.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: 1 capsule, two times a day. Consult with physician if you are pregnant or nursing, taking medications or have a medical condition.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

Amount Per Serving	%DV
Motion Magnesium Blend 350 mg	83.3%
(ATA Mg®, magnesium malate and glycinate)	

OTHER INGREDIENTS: Water, Rice Extract, Rice Hulls, Gum Arabic and Sunflower Oil, 100% Vegetarian Capsule (cellulose, gellan gum, water) and L-leucine

CONTAINS NO: Gluten, milk, casein, soy, egg, artificial colors or flavors

Manufactured for Enzymedica, Inc.
771 Commerce Drive, Venice, FL 34292 USA
Toll-free: 1-888-918-1118 | enzymedica.com

Do not use if safety seal is broken or missing.

Keep closed in dry place; avoid excessive heat.

PLEASE KEEP OUT OF REACH OF CHILDREN

NO FILLERS ADDED

MADE IN USA WITH GLOBAL INGREDIENTS

Rev # 10126C.1



These 3 forms of magnesium are curated for **optimal absorption**.* Not only do they support total body wellness – they also promote the activity of over **300 different enzymes** – the workers of the body that **allow life to thrive**.*

ATA Mg® is a patented form of magnesium ideal for **brain** and **women's health***

Glycinate supports your **heart, metabolic functions & sleep***

Malate is ideal for **fatigue** from the stresses of life*

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