**USAGE:** Take 1 capsule up to 3 times per day with a meal or as directed by your qualified healthcare professional. Best kept refrigerated.

Phosphatidylserine (PS) is a natural phospholipid that is an essential component of cell membranes.\* Cogni-PS® promotes brain function by helping maintain neuronal membrane fluidity (cell to cell communication), which is associated with cognition, mental performance, attentiveness and reaction time.\* PS protects against stress-induced activity, reducing the action of cortisol (catabolic stress hormone).\*

Cogni-PS $^{\!\otimes}$  is a concentrated form of phosphatidylserine that offers superior stability.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Phosphatidylserine

**PS100** 

Promotes Brain Function\*



## **Supplement Facts**

Serving Size 1 Capsule Servings Per Container 120

Amount Per Serving % DV

\* Daily Value not established.

Other Ingredients: Cellulose, silicon dioxide, magnesium stearate (vegetable source) and gamma tocopherol. Capsule consists of gelatin.

Contains: Sov.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation™
P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

Phosphatidylserine (PS)

03413PPSCAP PROD # 116020 7 90011 16020 5

100 mg

Lot #. Best Used Before:

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