

SOURCE NATURALS®



DIETARY SUPPLEMENT

YERBA MATÉ

STANDARDIZED EXTRACT

600 MG • 180 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Total Carbohydrate	1 g	<1%*
Maté Leaf Extract (8:1)	600 mg	†
(yerba maté) (yielding 48 mg caffeine)		

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: sorbitol, colloidal silicon dioxide, stearic acid, modified cellulose gum, and magnesium stearate.

Suggested Use: 1 to 2 tablets before a meal. Do not exceed four tablets daily. Two tablets are approximately equal to 1 to 2 cups of maté tea.

CAUTION: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. If gastrointestinal discomfort occurs, discontinue use and/or consult your health care professional.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Yerba maté, used since ancient times as a tea, is renowned throughout South America for its rejuvenating, nutritional, and energizing effects, particularly for mental and physical fatigue. Yerba maté can be taken as an effective weight-loss aid, when used in conjunction with the Maximum Metabolism Weight Loss Plan™. Scientific research shows maté to be a powerful antioxidant and that it can protect DNA from double-strand breaks. It also has the ability to inhibit LDL oxidation. Maté naturally contains a wide range of polyphenols, methylxanthines, and chlorogenic acid, which together are responsible for its many health benefits.*

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for
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