

120 VegCaps



High Energy multivitamin

ONCE DAILY

SOLARAY®
DIETARY SUPPLEMENT

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Do not use if you are pregnant or nursing. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take one VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene, Retinyl Palmitate) (Supplying 25,000 IU of Vitamin A)	7,500 mcg	833%
Vitamin C (as Ascorbic Acid, Rose Hips, Acerola Cherry)	150 mg	167%
Vitamin D (as Cholecalciferol) (D-3) (Supplying 400 IU of Vitamin D)	10 mcg	50%
Vitamin E (as Natural Source d-Alpha-Tocopheryl Succinate) (Supplying 100 IU of Vitamin E)	67 mg	447%
Thiamine (as Thiamine Mononitrate) (B-1)	10 mg	833%
Riboflavin (B-2)	10 mg	769%
Niacin (as Niacinamide) (B-3)	50 mg	313%
Vitamin B-6 (as Pyridoxine HCl)	10 mg	588%
Folic Acid	680 mcg	170%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	1,042%
Biotin	10 mcg	33%
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg	500%
Calcium (as Calcium Aspartate ^{™**} , Calcium Carbonate)	10 mg	<1%
Iron (as Ferrous Fumarate)	1.8 mg	10%
Iodine (as Kelp)	22.5 mcg	15%
Magnesium (as Magnesium Aspartate ^{™**} , Magnesium Oxide)	5 mg	1%
Zinc (as Zinc Aspartate ^{™**})	1.5 mg	14%
Selenium (as Selenomethionine)	1 mcg	2%
Copper (as Copper Aspartate ^{™**})	0.05 mg	6%
Manganese (as Manganese Aspartate ^{™**})	0.5 mg	22%
Chromium (as Chromium Aspartate ^{™**})	2 mcg	6%
Potassium (as Potassium Aspartate ^{™**})	5 mg	<1%
Choline (from Choline Bitartrate)	7.8 mg	1%*
PABA (Para-Aminobenzoic Acid)	25 mg	*
Inositol	20 mg	*
Whole Food and Herb Base	70 mg	*
Whole Rice Concentrate (including bran, polishings and germ), Alfalfa Leaf, Watercress Leaf, Chamomile (flowering tops), Carrot Juice, Horsetail (aerial), Yellow Dock Root, Parsley Leaf, Dandelion Root.		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Sodium Alginate, Pea Starch, Beta-Carotene, Magnesium Stearate, Silica and Stearic Acid.

**Aspartate[™] denotes Aspartate, Citrate, Orotate.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

www.nutrafamily.com

Comments or Questions:

Solaray
Park City, UT 84098 USA
800-538-5888
www.solaray.com



6342043 0520