

SOURCE NATURALS



DIETARY SUPPLEMENT

VITAMIN D-3

BONE AND IMMUNE HEALTH*

1,000 IU • 100 SOFTGELS

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 50

	Amount Per Serving	%DV
Vitamin D-3 (as cholecalciferol)	2,000 IU	500%

Other ingredients: rice bran oil, gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels daily with a meal.

Sunlight is a source of life on Earth, but we may not be aware of all the ways it benefits us. Our bodies manufacture vitamin D-3 when the skin is exposed to UV radiation from sunlight, but the ability to do so decreases as we age. Vitamin D-3 helps maintain healthy calcium and phosphorus levels in the body for strong bones; it supports increased muscle strength in older adults; and it also plays an active role in a healthy immune response. Vitamin D-3 (cholecalciferol) is the optimal form of vitamin D. It is the form of vitamin D that the body manufactures in sunlight, and the form most efficient for the body's needs.*

CAUTION: If you are pregnant, may become pregnant, breastfeeding, have kidney, parathyroid or any lung disease, cancer, or are taking any prescription drug, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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