

SOURCE NATURALS®



METHYLCOBALAMIN

VITAMIN B-12

CHERRY-FLAVORED SUBLINGUAL

DIETARY SUPPLEMENT

1 MG • 60 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-12 (as methylcobalamin)	1 mg	16,670%

Other ingredients: mannitol, sorbitol, natural cherry flavor, stearic acid, and magnesium stearate.

Methylcobalamin is an active coenzyme form of vitamin B-12 that is more bioavailable than the common form, cyanocobalamin. B-12 is essential for healthy red blood cells, energy level, and DNA production, and plays an important role in maintaining normal nerve function. It is often lacking in a vegan diet because it is normally found in meat, seafood, eggs, and dairy. **VEGAN TRUE™ METHYLCOBALAMIN VITAMIN B-12** does not contain any animal products or animal-derived ingredients, so it's ideal for vegans.*

Suggested Use: 1 tablet 1 to 3 times daily. Place tablet under the tongue and allow to dissolve slowly, altering its position to avoid prolonged contact with the same area.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Suitable for vegans: contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
© SOURCE NATURALS, INC.
P.O. BOX 2118
SANTA CRUZ, CA 95062
www.sourcenaturals.com

SN2576
REV H143

