



DIETARY SUPPLEMENT

TRUE WHEY™

PREMIUM PROTEIN POWDER

NET WT. 16 OZ. (453.59 GRAMS)

Supplement Facts

Serving Size 1 Scoop (Approximately 11 grams)

Servings Per Container 41

	Amount Per Serving	%DV
Calories	40	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Cholesterol	15 mg	4%
Total Carbohydrate	1 g	<1%*
Sugars	1 g	†
Protein	8 g	16%*
Calcium	40 mg	4%
Phosphorus	30 mg	<1%*
Sodium	20 mg	1%
Potassium	60 mg	2%
Whey Protein Concentrate	11 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: natural vanilla flavor, and stevia.

Contains milk.**Suggested Use:** Blend one scoop (11 grams) into your favorite cold beverage. Add ice and blend with fruit or yogurt for a delicious smoothie.**CAUTION:** If you are allergic to dairy products or are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

TRUE WHEY™ is a superior source of complete, biologically active, immunity-boosting protein. It's easy to mix and tastes great, a powerful addition to your daily health regimen.*

- **Unique production, superior quality**

TRUE WHEY is a non-denatured whey protein concentrate, produced to maintain the fragile, immune-boosting, and regenerative components naturally present in fresh milk. Highly digestible, whey has one of the highest biological values of any protein source.*

- **Non-denatured, preserves the natural proteins and immunoglobulins**

Traditionally, whey is formed from the liquids that separate from the milk solids in the cheese-making process. Often, the process involves high temperatures and acidic conditions that may denature the nutrients. TRUE WHEY, however, is made from a unique, proprietary process that preserves the nutrients of the whey. In each 11 grams, you receive 8 grams of protein, 40 mg calcium, 60 mg potassium, and 30 mg phosphorus.

- **Whole protein, not protein isolates**

Intact, biologically-active proteins support your immune system, regulate the use of minerals in the body, protect the digestive tract, and protect your body from oxidative stress.*

- **Healthy nutrients**

The typical American diet is glutted with refined sugars, carbohydrates, and fats which can have a significant impact on your health. To balance these influences and support normal weight, energy levels and overall health, each 11 grams contains 73% protein and only 40 calories, 6% total fat, 3% saturated fat, and 8% carbohydrates.*

- **Made from milk from contented cows, no bovine growth hormones or pesticides**

The milking cows are grass fed and never subjected to any growth hormone treatment, chemicals, pesticides, or genetically modified organisms (GMO's). We don't want that stuff in our bodies; you don't want it in yours.

... there is only one TRUE WHEY.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Contains no yeast, egg, gluten, corn, soy or wheat. Contains no starch, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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