



SHARPMINDTM SLEEP

+ Healthy Sleep +

30 VEGCAPS
DIETARY SUPPLEMENT



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Do not use if you are pregnant. Consult a licensed health care practitioner before using this product, especially if you are nursing, a young adult, or an individual with autoimmune conditions, diabetes or other endocrine disorders, depressive disorders, illness or using medications. Do not take prior to or while operating machinery or a vehicle or if you are otherwise engaged in an activity in which you need to stay alert. This product is for adults and should not be used by children or teenagers.

Directions: Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Shoden® Ashwagandha (<i>Withania somnifera</i>) (root/leaf extract) (42 mg [35%] Withanolides)	120 mg	*
Melatonin Blend (Extended Release Melatonin and Melatonin)	3 mg	*
Fermented Organic Reishi Mushroom (<i>Ganoderma lucidum</i>) (Mycelium/Oat Biomass)	200 mg	*
L-Glycine	250 mg	*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Stearic Acid, Silica.

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†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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