

SOURCE NATURALS®



SERENE SCIENCE®

# THEANINE SERENE™

CALM MIND & BODY\*

120 TABLETS

Dietary  
Supplement

## Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Magnesium (as magnesium chelate)	300 mg	75%
GABA ( <i>gamma</i> -aminobutyric acid)	500 mg	†
Taurine	450 mg	†
L-Theanine	200 mg	†
Holy Basil Leaf Extract	100 mg	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum, and silica.

**THEANINE SERENE™** contains the amino acid L-theanine, to support relaxation and focused attention, and the calming neurotransmitter GABA. Taurine can support the movement of potassium out of neurons, which may help prevent over-excitation of neurons. It also features magnesium to support muscle and nerve relaxation, and calming holy basil leaf extract to gently soothe away the tension in your body. Try **THEANINE SERENE** to start relaxing today.\*

Suggested Use: 2 tablets daily.

**WARNING:** If you are pregnant, may become pregnant, or breastfeeding, or taking any medication including antidepressant drugs such as MAOIs, SSRIs, or other neuropsychiatric drugs or supplements such as St. John's wort, consult your health care professional before using this product. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1776 REV E133-A

Manufactured for:  
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