SOURCE NATURALS®

DIETARY SUPPLEMENT

THEANINE SERENE™

CALMING COMPLEX WITH GABA*

30 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 15

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Magnesium (as magnesium chelate)	300 mg	75%
GABA	500 mg	†
Taurine	500 mg	†
L-Theanine	200 mg	†
Holy Basil Leaf Extract	100 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum, and silica.

Don't let occasional stress get you down. **THEANINE SERENE™** contains the amino acids L-theanine, to support relaxing brain wave activity, and taurine to ease tension, as well as the calming neurotransmitter GABA. It also features magnesium to support muscle and nerve relaxation, and calming holy basil leaf extract to gently soothe away the tension in your body. Try THEANINE SERENE to start relaxing today.*

Suggested Use: 2 tablets daily.

WARNING: If you are pregnant, may become pregnant, or breastfeeding, or taking any medication including antidepressant drugs such as MAOIs, SSRIs, or other neuropsychiatric drugs or supplements such as St. John's wort, consult your health care professional before using this product. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
© SOURCE NATURALS, INC.
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