

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# SILYMARIN PLUS

**SUPPORTS LIVER HEALTH\***

**60 TABLETS**

## Supplement Facts

**Serving Size 2 Tablets**

**Servings Per Container 30**

|   | Amount Per Serving | %DV  |
|---|--------------------|------|
| Vitamin C (as ascorbic acid)                        | 200 mg             | 333% |
| Vitamin E (as d- <i>alpha</i> tocopheryl succinate) | 50 IU              | 167% |
| Silymarins (from milk thistle seed extract)         | 326 mg             | †    |
| Inositol  | 100 mg             | †    |
| Choline (from choline bitartrate)                   | 83 mg              | †    |

†Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum, silica, and magnesium stearate.

**Contains soy.**

**Suggested Use:** 1 to 2 tablets twice daily with a meal.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Silymarin, a flavonoid complex extracted from milk thistle seeds, is an important contributor to the support of healthy liver function. The liver plays an important role in digestion, detoxification, blood sugar regulation and fat metabolism. In *in vitro* studies, silymarin demonstrated antioxidant activity and the ability to inhibit lipid peroxidation of cellular membranes. Silymarin also helps regulate the balance of prostaglandins in the liver. Prostaglandins are hormone-like molecules that regulate a variety of bodily functions.\*

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:

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