

PURE + PREMIUM

We create Purium products using 6 core values as our foundation. By living these each day, we believe great change is possible in our spirit.

CORE VALUE No. 3 · Integrity · Keeping promises.

organic · gluten-free · vegan

POST-WORKOUT

Suggested Use: Mix six and a half tablespoons of powder with 12-16 oz. of water or beverage of choice† and drink during cool down or immediately following workout. Best mixed in a shaker cup or bottle. May also be used as an everyday protein supplement or between meal snack by mixing three and a half tablespoons with 8-12 oz, of water or beverage of choice, †

[†]When mixing with favorite beverage of choice, take note of calorie, protein and carbohydrate content.

If you have a medical condition, are pregnant, lactating or taking medication, consult your health care professional before use.

Store in a cool, dry place. Caution: Keep out of reach of children.



Committed to freeing our planet from plastic pollution, our new packaging is home compostable

and excludes traditional plastic scoops. Remove the label prior to home composting.

Nutrition Facts

Servings per container Serving size	Approx. 30 3.5 tbsp (24g)		Approx. 15 6.5 tbsp (48g)	
Amount Per Serving Calories	90		180	
		% DV*		% DV*
Total Fat	2.5g	4%	5g	8%
Saturated Fat	0g	0%	Og	0%
Trans Fat	0g	0%	Og	0%
Cholesterol	0mg	0%	0mg	0%
Sodium	170mg	7%	340mg	14%
Total Carb.	4g	1%	8a	3%

Includes Added Sugars tein	0g	0%	Og	0%
	16g		32g	
min D	5mcg	50%	10mcq	100%
cium	8mg	1%	16mg	2%
	1mg	6%	2mg	11%
assium	50mg	1%	99mg	3%
min A	60mog	2%	120mog	4%
min C	15mg	25%	30mg	50%
min E	0.4mg	2%	0.8mg	4%
min K	1.5mog	2%	3mcg	4%

5% 0.2mg 10%

Ingredients: Organic Pea Protein, Organic Brown Rice Protein, Organic Pumpkin Protein, Guar Gum, Organic Moringa Leaf, Organic Monk Fruit Extract, Organic Acerola Cherry Eleuthero Root, Organic Cordyceps sinensis Mushroom, Organic Chaga Mushroom, Organic Rhodiola rosea Extract, DigeZyme® Digestive Enzyme Blend (Amylase, Powder, Organic Vanilla Flavor, Organic Agaricus Mushroom, Natural Caramel Flavor,

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2610 Homestead Place, Rancho Dominguez, CA 90220 ishoppurium.com | 1.888.747.6733 MVP Sport™ is Certified Organic by QAI.