

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1 capsule, 1-4 times daily, before meals, or as directed by a health professional.

**Warning:** See side panel.

**Keep out of the reach of children.**



Scan to learn about  
our hypoallergenic  
supplements



Certified Gluten-Free by the  
Gluten-Free  
Certification  
Organization,  
[www.gluten.org](http://www.gluten.org)



**pure**  
**encapsulations**<sup>®</sup>

**5-HTP**  
(5-Hydroxytryptophan)  
50 mg

*Supports brain serotonin levels\**

**Gluten-free, Non-GMO  
& Hypoallergenic  
Dietary Supplement**

**180 CAPSULES**

## Supplement Facts

Serving size 1 capsule  
Servings per container 180

	Amount Per Serving	%DV
5-Hydroxytryptophan	50 mg	*

\* Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

**WARNING:** Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medications, consult your health professional before use. Do not use concurrently with antidepressants.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
490 Boston Post Road, Sudbury, MA  
1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com)

v7

code: **HYD51**