

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Manufactured in the US from Globally Sourced Ingredients.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. If you are taking blood thinning medicines, consult your healthcare professional prior to using this product. **Keep out of reach of children.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.

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NEW
CHAPTER®

EST. 1982

ONE DAILY EVERY WOMAN'S MULTIVITAMIN

FORMULATED FOR ABSORPTION

Immune, Energy, Stress & Beauty Support*

VEGETARIAN
96
TABLETS

MADE WITH ORGANIC VEGETABLES & HERBS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene and from ferment media)	900 mcg 100%	Magnesium (as magnesium bisglycinate chelate, from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>] and as magnesium oxide from ferment media)	8.4 mg 2%
Vitamin C (as ascorbic acid and from ferment media)	90 mg 100%	Zinc (as zinc oxide from ferment media)	5.5 mg 50%
Vitamin D3 (as cholecalciferol and from ferment media)	25 mcg (1000 IU) 125%	Selenium (as selenium dioxide from ferment media)	40 mcg 73%
Vitamin E (as d-alpha-tocopheryl acetate and from ferment media)	15 mg 100%	Copper (as copper sulfate anhydrous from ferment media)	0.55 mg 61%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2])	121 mcg 100%	Manganese (as manganese chloride from ferment media)	1 mg 43%
Thiamin (as thiamine hydrochloride from ferment media)	1.2 mg 100%	Chromium (as chromium chloride from ferment media)	18 mcg 51%
Riboflavin (from ferment media)	1.3 mg 100%	Molybdenum (as sodium molybdate from ferment media)	4.5 mcg 10%
Niacin (as niacinamide from ferment media)	16 mg 100%		
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	1.7 mg 100%	Stress and Energy Support Blend	37.5 mg *
Folate (as methylfolate and as folic acid from ferment media)	400 mcg DFE 100%	Organic Maca (root), Organic Schizandra (berry), Organic Chamomile (flower)	
Vitamin B12 (as cyanocobalamin from ferment media)	4.8 mcg 200%	Hormone Support Blend	22.5 mg *
Biotin (from ferment media)	15 mcg 50%	Organic Chaste Tree (berry), Organic Red Clover (aerial parts), Organic Raspberry (leaf)	
Pantothenic Acid (as calcium D-pantothenate from ferment media)	5 mg 100%	Immune Support Blend	15 mg *
Calcium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	26 mg 2%	Organic Eleuthero (root), Organic European Elder (berry) extract, Organic Astragalus (root)	
Iron (as ferrous bisglycinate chelate and as ferrous fumarate from ferment media)	3 mg 17%	Ginger (rhizome) 3.2 mg aqueous extract and 0.8 mg organic supercritical extract	4 mg *
Iodine (as potassium iodide from ferment media)	75 mcg 50%	Organic Turmeric (rhizome) 2.7 mg and 0.8 mg supercritical extract	3.5 mg *

* Daily Value (DV) not established

Other Ingredients: Organic coating/binder (organic maltodextrin, organic gum acacia, organic sunflower lecithin, organic palm oil and organic guar gum), ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic alfalfa powder, bromelain [deactivated], papain [deactivated], organic carrot powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Lactobacillus rhamnosus*, *Bifidobacterium bifidum*]), silica, organic fiber blend (organic rice flour, organic oat fiber and organic sunflower lecithin), sodium alginate, pea starch and organic gum acacia.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA