

DIRECTIONS: Take 2 tablets daily after breakfast (1st meal of the day). Stay well hydrated. Do not exceed 2 tablets within 24 hours.

VITAFORM™ for Active Men is a cut above the standard multi-vitamin and designed for the needs of active individuals looking to perform at the highest levels. Specifically formulated with key vitamins, minerals & phytonutrients to support men's health: metabolism; mental focus; energy; and bone and joints.*

VITAFORM™ for Men is a powerful formulation. Contains 100% or more of required Daily Values including*:

- 200% DV of Vitamin C in 2 highly bioavailable forms
- 100% DV of Vitamin D3
- 273% DV of Zinc
- 20 mcg of Boron
- Powerful high-ORAC anti-oxidant blend for better elimination of free radicals*
- Increases energy and stamina*
- Improves mental focus and mood*
- Supports metabolism*
- Supports bone and joint health*
- Strengthens immune function*
- Supports healthy thyroid function*
- Helps with red blood cell formation*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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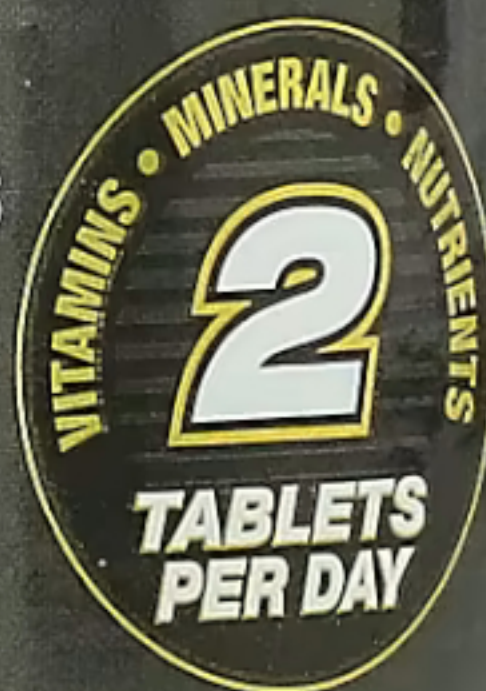
SCIENCE • INNOVATION • QUALITY • RESULTS

PREMIUM MULTI-VITAMIN

VITAFORM™

FOR MEN

- 100% RDI Essential Nutrients
- 6 Functional Complexes*
- Powerful Antioxidant*



DIETARY SUPPLEMENT
60 TABLETS • 30 DAY SUPPLY

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving % DV

1: VITAPLEX - Essential Vitamin Complex*

Vitamin A (as Palmitate)	1500 mcg RAE (5000 IU)	167%
Vitamin C (as Calcium Ascorbate and Ascorbic Acid)	180 mg	200%
Vitamin E (as d-Alpha Tocopheryl Acetate)	13.5 mg (30IU)	90%
Vitamin B1 (as Thiamine HCl)	1.5 mg	125%
Vitamin B2 (as Riboflavin)	1.7 mg	131%
Vitamin B3 (as Niacinamide & Niacin)	20 mg	125%
Vitamin B5 (as d-Calcium Pantothenate)	10 mg	200%
Vitamin B6 (as Pyridoxine HCl)	2 mg	118%
Vitamin B9 (as Folic Acid)	400 mcg (668 mcg DFE)	167%
Vitamin B12 (as Methylcobalamin)	12 mcg	500%
Biotin	500 mcg	1667%
Inositol Granular	25 mg	†
Choline (Bitartrate)	24 mg	†

2: POWER - Anti-Oxidant Blend*

Green Tea (<i>Camellia sinensis</i> , leaf) extract (95% Polyphenols, 48 mg; 45% EGCG, 23 mg)	50 mg	†
Grape Seed (<i>Vitis vinifera</i> , seed) extract (95% Proanthocyanidins, 24 mg)	25 mg	†
Turmeric (<i>Curcumin longa</i> , rhizome) extract (95% Curcuminoids, 24 mg)	25 mg	†
Alpha Lipoic Acid	20 mg	†

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Film Coating (Hypromellose, Hydroxypropyl Cellulose, Titanium Dioxide, Polyethylene Glycol, Riboflavin (Color), Caramel (Color)).

WARNINGS: Not for use by individuals under the age of 18 years. Store in a cool, dry place away from direct sunlight. Do not use if inner seal is broken. Keep out of reach of children.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Contains Shellfish (Crab & Shrimp). Produced in a facility that also handles Milk, Soy, Wheat, Egg, Peanut, Tree Nuts, Fish, Crustacean and Shellfish products.

3: COGNIFORCE - Mental Focus & Support*

Asian Ginseng (<i>Panax ginseng</i> , root) extract	45 mg	†
L-Theanine	30 mg	†
Ginkgo Biloba (<i>Ginkgo biloba</i> , leaf) extract (24% Glycosaponins, 6 mg; 6% Terpenes, 2 mg)	25 mg	†

4: VIRIMAX™ - Male Support Complex*

Zinc (as Amino Acid Chelate & Citrate)	30 mg	273%
Selenium (as Sodium Selenate)	130 mcg	236%
American Ginseng (<i>Panax quinquefolius</i> , root) extract	100 mg	†
Saw Palmetto (<i>Serenoa repens</i> , fruit) powder	40 mg	†
Pomegranate (<i>Punica granatum</i> , fruit) extract	20 mg	†
Boron (as Boron Citrate)	20 mcg	†

5: MULTIFLEX - Bone & Joint Health*

Vitamin D3 (as Cholecalciferol)	20 mcg (800 IU)	100%
Vitamin K1 (as Phytonadione)	80 mcg	67%
Calcium (as Calcium Carbonate, Calcium Ascorbate and Calcium Amino Acid Chelate)	250 mg	19%
MSM (Methylsulfonylmethane)	150 mg	†
Glucosamine HCl (sourced from Shellfish)	75 mg	†
Chondroitin Sulfate (sourced from Bovine)	75 mg	†

6: ELECTROMAX - Mineral & Electrolyte Matrix*

Chromium (as Polynicotinate)	120 mcg	343%
Copper (as Amino Acid Chelate)	2 mg	222%
Manganese (as Amino Acid Chelate)	2 mg	87%
Magnesium (as Oxide)	150 mg	36%
Iodine (as Potassium Iodide)	150 mcg	100%
Molybdenum (as Amino Acid Chelate)	75 mcg	167%

† Daily Value (DV) not established.