

SOURCE NATURALS®



DIETARY SUPPLEMENT

PHOSPHATIDYL CHOLINE IN LECITHIN

420 MG • 90 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%DV
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Phosphatidyl Choline (from soy lecithin)	420 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels daily.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Source Naturals **PHOSPHATIDYL CHOLINE** provides premium quality and potency. This product has been concentrated to contain 3 times the phosphatidyl choline found in ordinary lecithin. This special soy lecithin also contains phosphatidyl inositol, phosphatidyl ethanolamine, and related phosphorus-containing lipids.

Phosphatidyl choline is a naturally occurring molecule that is composed of choline, phosphoric acid and hydrocarbons. It is one of several phosphorus-containing lipids that form the structural elements of all cell membranes in the body.*

Contains no yeast, dairy, egg, gluten, corn or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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