

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

**METHYLCOBALAMIN**

**VITAMIN B-12**

**CHERRY-FLAVORED SUBLINGUAL**

**1 MG • 240 TABLETS**

**Supplement Facts**

**Serving Size 1 Tablet**

	Amount Per Serving	%DV
Vitamin B-12 (as methylcobalamin)	1 mg	16,670%

Other ingredients: mannitol, sorbitol, natural cherry flavor, stearic acid, and magnesium stearate.

Methylcobalamin is an active coenzyme form of vitamin B-12 that is more bioavailable than the common form, cyanocobalamin. B-12 is essential for healthy red blood cells, energy level, and DNA production, and plays an important role in maintaining normal nerve function. Older people tend to have less stomach acid, which may result in less absorption of B-12 from food. Supplementing with Source Naturals **METHYLCOBALAMIN B-12** can help ensure adequate intake.\*

**Suggested Use:** 1 tablet 1 to 3 times daily. Place tablet under the tongue and allow to dissolve slowly, altering its position to avoid prolonged contact with the same area.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians: contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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