

SOURCE NATURALS®



DIETARY SUPPLEMENT

METHYLCOBALAMIN

VITAMIN B-12

CHERRY FLAVORED SUBLINGUAL

1 MG • 60 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-12 (as methylcobalamin)	1 mg	16,670%

Other ingredients: mannitol, sorbitol, natural cherry flavor, stearic acid, and magnesium stearate.

Methylcobalamin, an active coenzyme form of vitamin B-12, is essential for cell growth and replication. It is more concentrated than other forms of B-12 in the cerebrospinal fluid where it can be used by the central nervous system. It donates methyl groups to the myelin sheath that insulates certain nerve fibers. It may also play a role in maintaining a healthy sleep-wake cycle, as well as normal nerve function.*

Suggested Use: 1 tablet 1 to 3 times daily. Place tablet under the tongue and allow to dissolve slowly, altering its position to avoid prolonged contact with the same area.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Suitable for vegetarians and **HYPOALLERGENIC:** contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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