

# SOURCE NATURALS®

**BIO  
ALIGN™**

*Dietary Supplement*

# MENTAL EDGE®

30 TABLETS

## Supplement Facts

Serving Size 4 Tablets  
Servings Per Container 7

	Amount Per Serving	%DV
Calories	20	
Calories from Fat	10	
Total Fat	1 g	2%
Saturated Fat	0 g	<1%
Trans Fat	0 g	†
Total Carbohydrate	1 g	<1%
Vitamin C (as ascorbic acid, zinc & manganese ascorbates)	150 mg	250%
Thiamin (vitamin B-1)	50 mg	3,333%
Riboflavin (vitamin B-2)	20 mg	1,177%
Niacinamide 80 mg and Niacin 40 mg	120 mg	600%
Vitamin B-6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium d-pantothenate)	120 mg	1,200%
Calcium (as calcium citrate)	60 mg	6%
Magnesium (as magnesium oxide & citrate)	120 mg	30%
Zinc (as zinc ascorbate)	10 mg	67%
Manganese (as manganese ascorbate)	5 mg	250%
Sodium	15 mg	1%
Potassium (as potassium citrate)	99 mg	3%
L-Glutamine	500 mg	†
L-Pyroglutamic Acid	500 mg	†

Lecithin	350 mg	†
L-Tyrosine	275 mg	†
Eleuthero Root	225 mg	†
DMAE (as DMAE bitartrate)	160 mg	†
Gotu Kola Aerial Parts Extract	150 mg	†
L-Phenylalanine	125 mg	†
Choline (as choline bitartrate)	100 mg	†
Taurine	100 mg	†
Ginger Root	80 mg	†
Schisandra Fruit	80 mg	†
Cayenne Fruit	60 mg	†
Inositol	30 mg	†
Ginkgo Leaf Ext. (24% flavone glycosides & 6% terpene lactones)	20 mg	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: modified cellulose gum, silica, magnesium stearate, acacia gum, and stearic acid.

Contains soy.

**Suggested Use:** 4 tablets daily between meals. If digestive irritation occurs, take with a meal.

**WARNING:** Contains phenylalanine and tyrosine. Not to be used by phenylketonurics, if you are pregnant, may become pregnant, or breastfeeding, or with antidepressant drugs containing MAOs or SSRIs inhibitors. If you have chronic high blood pressure or epilepsy, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

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Manufactured for:  
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