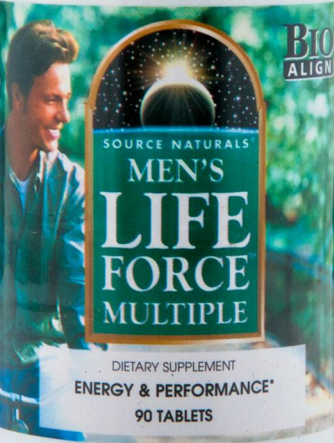




Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	1%
Dietary Fiber	1 g	4%
Vitamin A (as beta-carotene 10,000 IU & palmitate 2,500 IU)	12,500 IU	250%
Vitamin C (as ascorbic acid & ascorbyl palmitate)	500 mg	833%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as vitamin E succinate & D-alpha tocopherol)	200 IU	667%
Thiamin (vitamin B-1)	50 mg	3,333%
Riboflavin (vitamin B-2)	50 mg	2,941%
Niacinamide 35 mg & Niacin 15 mg	50 mg	250%
Vitamin B-6 (as pyridoxine HCl & pyridoxal-5'-phosphate [Coenzymated™])	50 mg	2,500%
Folate (as folic acid & calcium folinate)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	200 mcg	3,333%
Biotin	400 mcg	133%
Pantothenic Acid (as calcium D-pantothenate & pantethine)	55 mg	550%
Calcium (as calcium carbonate, dicalcium malate, calcium malate & calcium citrate)	100 mg	10%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium chelate)	100 mg	25%
Zinc (as zinc monomethionine [OptiZinc®] & zinc citrate)	15 mg	100%
Selenium (as L-selenomethionine & sodium selenite)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	3 mg	150%
Chromium (as chromium polynicotinate [ChromMate®] & picolinate)	100 mcg	83%
Molybdenum (as molybdenum chelate)	100 mcg	133%
Sodium	25 mg	<1%
Potassium (as potassium citrate)	50 mg	1%
Saw Palmetto Berry Ext. (providing 90 mg fatty acids)	200 mg	†
Ashwagandha Root Extract (5:1)	150 mg	†

L-Acetyl Cysteine	100 mg†	MSM (methylsulfonylmethane) (OptiMSM®)	25 mg†
Swedish Flower Pollen Ext. (yielding 14% alpha-amino acids and 0.08% phytoestrogens)	75 mg†	Hawthorn Berry Extract (4:1)	25 mg†
Green Tea Leaf Extract (95% polyphenols, 35% EGCG)	75 mg†	N-Acetyl-L-Tyrosine	25 mg†
gamma-Vitamin E Complex	67 mg†	Turmeric Rhizome	25 mg†
Silymarin (from milk thistle seed extract)	60 mg†	Quercetin	25 mg†
Bromelain	60 mg†	Pumpkin Seed Ext. (25% fatty acids)	25 mg†
Stinging Nettle Root Ext. (16:1)	60 mg†	Coenzyme Q10	20 mg†
Pygeum Bark Ext. (2.5% sterols)	50 mg†	Ginkgo Leaf Extract (50:1)	20 mg†
Wasabi Rhizome	50 mg†	24% Flavoneglycosides	
Oat Straw Aerial Parts	50 mg†	Bilberry Fruit Extract (25% anthocyanidins)	10 mg†
Choline (as bitartrate)	50 mg†	Tocotrienol Complex (Tocomax®)	10 mg†
Inositol	50 mg†	Rutin	5 mg†
alpha-Lipoic Acid & R-Lipoic Acid	40 mg†	Black Pepper Fruit Ext. (BioPerine®)	3 mg†
Cordyceps sinensis Mycelia	35 mg†	Lycopene	3 mg†
DMAE (as bitartrate)	30 mg†	Boron (as boron amino acid chelate)	2 mg†
Grape Seed Ext. (Proanthodyn™)	30 mg†	Lutein (FloraGlo®)	2 mg†
		Astaxanthin	100 mcg†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.*

Other ingredients: silicified microcrystalline cellulose, stearic acid, microcrystalline cellulose, colloidal silicon dioxide, magnesium stearate, and modified cellulose gum.

Contains soy.

Directions: 3 tablets daily with meals. This product is intended for men. Not for use by women.

WARNING: Not for use by women or those taking any form of prescription nitrate such as nitroglycerin. If you are diabetic, have a blood coagulation disorder, or are regularly taking any drug such as aspirin, warfarin (Coumadin®), or heparin, consult your physician before using this product. Women should take Women's Life Force™ Multiple or Life Force™ Multiple.

Source Naturals **MEN'S LIFE FORCE™ MULTIPLE** is a scientifically advanced formula based on the award-winning Life Force™ Multiple.*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN1919 REV C113-0 (CA)

Manufactured for Source Naturals, Inc., P.O. Box 2118, Santa Cruz, CA 95060

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