

SOURCE NATURALS®



SLEEP SCIENCE™

MELATONIN COMPLEX™

HELPS PROMOTE SLEEP[‡]

3.0 | **50 LOZENGES**
MG | **ORANGE FLAVOR**



Supplement Facts

Serving Size 1 Lozenge

Amount Per Serving %DV		
Vitamin B-6	335 mcg	17%
(from pyridoxal-5'-phosphate [Coenzymated™])		
Magnesium (as magnesium taurine complex)	5 mg	1%
GABA (gamma-aminobutyric acid)	80 mg	†
Taurine (as magnesium taurine complex)	45 mg	†
Glycine	40 mg	†
Melatonin	3 mg	†

†Daily Value not established.

Other ingredients: sorbitol, mannitol, stearic acid, hydroxypropyl cellulose, modified cellulose gum, natural orange flavor, magnesium stearate, and silica.

Source Naturals **MELATONIN COMPLEX™** is a soothing nighttime formula, which combines the neurohormone melatonin with GABA, glycine, and taurine to help support the levels of these key amino acids that can act as inhibitory neurotransmitters. Coenzymated™ vitamin B-6, the active form of vitamin B-6, is included to support healthy levels of neurotransmitter production in the brain.*

Suggested Use: 1 lozenge at bedtime. For best results, allow to dissolve in the mouth before swallowing.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone consult your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
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SN0585
REV F186-B

