

SOURCE NATURALS®



SLEEP SCIENCE™

MELATONIN

HELPS PROMOTE SLEEP*

5.0 MG | 100 LOZENGES
PEPPERMINT FLAVOR



Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	%DV
Vitamin B-6 (as pyridoxal-5'-phosphate [Coenzymated™])	335 mcg	20%
Melatonin	5 mg	†

†Daily Value not established.

Other ingredients: sorbitol, mannitol, magnesium stearate, natural peppermint flavor, and stearic acid.

Melatonin is produced in humans by the pineal gland. A favorite of travelers, it helps to support restful sleep.*

Suggested Use: 1 lozenge at bedtime. For best results, allow to dissolve in the mouth before swallowing.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or pregnant or breastfeeding women. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
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