

SOURCE NATURALS®



DIETARY SUPPLEMENT

MELATONIN

ORANGE FLAVORED SUBLINGUAL
FOR OCCASIONAL SLEEPLESSNESS*

5 MG • 50 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-6 (from pyridoxal-5'-phosphate [Coenzymated™])	338 mcg	17%
Melatonin	5 mg	†

†Daily Value not established.

Other ingredients: sorbitol, mannitol, natural orange flavor, magnesium stearate, and stearic acid.

Contains soy.

Melatonin is a neurohormone produced in humans by the pineal gland. A favorite of travelers, it governs the body's circadian rhythms, helping the body ease into restful sleep. Melatonin is also a potent antioxidant.*

Suggested Use: 1 tablet at bedtime; 1/2 tablet may be sufficient for some people. Do not take more than 1 tablet daily. Place tablet under the tongue and allow to dissolve slowly, altering the position of the tablet to avoid prolonged contact with the same area.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before taking this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:

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P.O. BOX 2118, SANTA CRUZ, CA 95062

www.sourcenaturals.com

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