

SOURCE NATURALS®



DIETARY SUPPLEMENT

MELATONIN

FOR OCCASIONAL SLEEPLESSNESS*

5 MG • 240 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-6 (as pyridoxine HCl)	1 mg	50%
Calcium	30 mg	3%
Melatonin	5 mg	†

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, and colloidal silicon dioxide.

Suggested Use: 1 tablet at bedtime; 1/2 tablet may be sufficient for some people. Do not take more than one tablet daily unless recommended by your physician.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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