



TRUE HERBS
**CASCARA
SAGRADA**
450 mg

+ Bowel
Regularity[‡]

100 VEGCAPS
DIETARY SUPPLEMENT



Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Do not use this product if you have abdominal pain or diarrhea. Consult a health care provider prior to use if you are pregnant or nursing. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dose. Do not take for more than seven consecutive days. Not recommended for children under 12 years of age.

Directions: Use only as directed. Take 1 VegCap twice daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	450 mg	*
*Daily Value not established.		

Other Ingredients: Vegetable Cellulose Capsule and Magnesium Stearate.

Discussion: Cascara Sagrada is Spanish for "sacred bark." The bark is typically aged for a year before use to let the active principals settle. Cascara Sagrada may support bowel regularity.[‡]

[‡]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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www.nutraceutical.com

Comments or Questions:

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