



Solaray[®]
EST. 1973

VITAMIN B-COMPLEX 100

- + Energy[†]
- + Red Blood Cells[†]
- + Nerve Impulse Transmission[†]

250 VEGCAPS
DIETARY SUPPLEMENT



Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



Supplement Facts

Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine Mononitrate) (B-1)	100 mg	8,333%
Riboflavin (B-2)	100 mg	7,692%
Niacin (as Niacinamide) (B-3)	100 mg	625%
Vitamin B-6 (as Pyridoxine HCl)	100 mg	5,882%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid (from Calcium d-Pantothenate)	100 mg	2,000%
Choline (from Choline Bitartrate)	39 mg	7%
PABA (Para-Aminobenzoic Acid)	100 mg	*
Inositol	100 mg	*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Silica, Magnesium Stearate and Whole Food Base (Whole Rice Concentrate including Bran, Germ and Polishings, and Aloe Vera Gel).

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:
Solaray
Salt Lake City, UT 84101 USA
800-538-5888
www.solaray.com



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