

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

**MANGANESE**

AMINO ACID CHELATE

SUPPORTS ENERGY PRODUCTION\*

10 MG • 100 TABLETS

**Supplement Facts**

Serving Size 1 Tablet

	Amount Per Serving	%DV
Manganese (as manganese amino acid chelate)	10 mg	500%

Other ingredients: sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

Manganese is an essential trace mineral involved in many key functions in the body. It plays a role in energy production, in normal bone formation and development, and in the synthesis of many vital cellular biochemicals such as collagen, prothrombin, urea, mucopolysaccharides, fatty acids and proteins. In addition, manganese is a cofactor for superoxide dismutase, one of the body's main protective antioxidant systems. This manganese is specially bonded (chelated) with amino acids to protect mineral value and enhance assimilation.\*

**Suggested Use:** 1 tablet daily.

Do not use if either tamper-evident seal is broken or missing.  
Keep out of the reach of children.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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