

Suggested Use: Place 1 to 2 rounded teaspoons of powder in a glass or cup. Add 3-4 ounces of hot or boiling water. Stir until dissolved. Add more warm or cold water as desired and enjoy.

WARNING: If you are pregnant, may become pregnant, breastfeeding, have a history of kidney dysfunction, or are taking any prescription drug, consult your health care professional before using this product. If you experience loose stools, reduce your dosage. If symptoms persist, discontinue use and consult your health care professional immediately.

STORE IN A COOL, DRY PLACE.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, preservatives, or artificial color, flavor or fragrance.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN2209 REV E102



SOURCE NATURALS®



MAGNESIUM SERENE™

RELAXING DRINK FOR DAILY STRESS*
GREAT TASTING TANGERINE & FRUIT MEDLEY
800 MG MAGNESIUM PER SERVING
SUPPORT FOR CARDIOVASCULAR, BONE,
MUSCLE AND BRAIN HEALTH*

NET WT. 17.6 OZ. (500 GRAMS)

Dietary Supplement

Supplement Facts

Serving Size 2 Rounded Teaspoons (approx. 8.4 g)

Servings Per Container 59

	Amount Per Serving	%DV
Calories	20	
Total Carbohydrate	6 g	2%*
Vitamin C (naturally occurring)	1 mg	2%
Magnesium (as magnesium citrate)	800 mg	200%
Sodium	86 mg	4%

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: citric acid, natural tangerine flavor, sodium bicarbonate and carbonate, strawberry fruit, natural peach flavor, and stevia leaf concentrate.

The daily stress of modern life can take its toll on our health. Magnesium is one of the most important minerals for obtaining deep relaxation and maintaining overall wellness. While many are familiar with its roles in heart health, bone strength, and a healthy immune system, fewer people are aware of magnesium's role in muscle relaxation and nervous system balance. During times of stress, magnesium stores in the body can be depleted. Supplementation with **MAGNESIUM SERENE™** calms the muscles and nerves. This bioavailable form supports relaxation and at the same time, replenishes this important mineral to the body for all of its benefits, including over 300 enzymatic processes.*

© SOURCE NATURALS, INC.
P.O. BOX 2118
SANTA CRUZ, CA 95062
www.sourcenaturals.com