

Suggested Use: Individual needs may vary. Start with 1/2 teaspoon (or less) daily and gradually increase to 2 rounded teaspoons. Some people may need to start with 1/4 teaspoon and gradually work up to higher amounts according to bowel tolerability. Add powder to 1 ounce of hot or boiling water. Stir briskly until fully dissolved, then add more hot or cold water as desired and enjoy.

WARNING: If you are pregnant, may become pregnant, breastfeeding, have a history of kidney dysfunction, or are taking any prescription drug, consult your health care professional before using this product. If you experience loose stools, reduce your dosage. If symptoms persist, discontinue use and consult your health care professional immediately.

STORE IN A COOL, DRY PLACE.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, preservatives, or artificial color, flavor or fragrance.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SOURCE NATURALS®



SERENE SCIENCE™

MAGNESIUM SERENE™

PEACEFUL BODY

TANGERINE FLAVOR

NET WT. 9 OZ. (255.1 GRAMS)

Supplement Facts

Serving Size 2 Rounded Teaspoons (approx. 8.4 g)
Servings Per Container 30

Amount Per Serving %DV		
Calories	20	
Total Carbohydrate	6 g	2%*
Vitamin C (naturally occurring)	1 mg	2%
Magnesium (as magnesium citrate)	800 mg	200%
Sodium	86 mg	4%
*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.		

Other ingredients: citric acid, natural tangerine flavor, sodium bicarbonate and carbonate, strawberry fruit, natural peach flavor, and stevia leaf concentrate.

Magnesium is one of the most important minerals for obtaining deep relaxation and maintaining overall wellness. During times of stress, magnesium levels in the body can be affected. Supplementation with **MAGNESIUM SERENE™** provides this important mineral to the body for all its benefits including muscle relaxation and heart health. Magnesium plays an essential role in over 300 enzymatic processes. This bioavailable form can support calm muscles, nerves and relaxation.*

Manufactured for:
© SOURCE NATURALS, INC.
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Dietary
Supplement