

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# MAGNESIUM CHELATE COMPLEX

SUPPORTS NERVE & MUSCLE FUNCTION\*

100 MG • 100 TABLETS

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Calcium (as dibasic calcium phosphate)	65 mg	5%
Magnesium (as magnesium amino acid complex)	100 mg	24%

Other ingredients: dibasic calcium phosphate, sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

**Suggested Use:** 1 tablet 1 to 4 times daily with meals.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

Source Naturals **MAGNESIUM CHELATE COMPLEX** is composed of magnesium complexed with amino acids from hydrolyzed vegetable protein, for easy assimilation and utilization. Magnesium is an essential mineral, playing a key role in over 300 enzymatic reactions in metabolism. It is involved in energy production and storage, the breakdown of fatty acids, protein synthesis, DNA metabolism, the relaxation of both voluntary and involuntary muscle tissue, neurotransmitter activity, and hormone regulation. Magnesium is stored primarily in the bones, and along with other minerals plays a role in bone metabolism.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:  
© SOURCE NATURALS, INC.  
P.O. BOX 2118  
SANTA CRUZ, CA 95062  
www.sourcenaturals.com



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