

SOURCE NATURALS®



DIETARY SUPPLEMENT

MAGNESIUM BIS-GLYCINATE

SUPERIOR BIOAVAILABLE CHELATE*

60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Protein	1 g	2%*
Magnesium	200 mg	50%
(as magnesium bis-glycinate)		
Calcium	140 mg	14%

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid, modified cellulose, silica, and magnesium stearate.

Suggested Use: 2 tablets twice daily.

CAUTION: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Magnesium is one of the most important minerals in the body, but an estimated 75% of Americans are magnesium deficient. Magnesium plays a key role in over 300 enzymatic reactions, including supporting cardiovascular, bone, muscle, energy, and neurotransmitter processes. Source Naturals magnesium is attached ("chelated") to the amino acid glycine. The magnesium bis-glycinate combination enables efficient absorption, the glycinate allowing the magnesium to transfer easily across the intestinal wall. Increased absorption means more usable magnesium for your body's needs.*

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN2131 REV J141

Manufactured for:
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