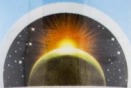


SOURCE NATURALS®



SERENE SCIENCE®

L-THEANINE

FOCUSED RELAXATION*

200 MG • 120 CAPSULES

Dietary
Supplement

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
L-Theanine	200 mg†
†Daily Value not established.	

Other ingredients: microcrystalline cellulose, gelatin (capsule), silica, and magnesium stearate.

Suggested Use: 1 capsule 1 to 2 times daily.

WARNING: Not for use by infants, children, or women who are pregnant, may become pregnant, or breast-feeding. If you are taking any antidepressant drugs, such as MAOIs or SSRIs, consult your health care professional before taking this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

L-Theanine is a unique amino acid found almost exclusively in the tea plant (*Camellia sinensis*) and contributes to the unusual taste of green tea. Human studies have shown that taking L-theanine affects the emission of alpha waves in the brain associated with states of relaxation and focused attention. Preliminary research has shown that L-theanine crosses the blood brain barrier, and suggests that it may support healthy neurotransmitter levels in the brain, and inhibit the stimulatory properties of caffeine.*

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN2427 REV E132

Manufactured for:
© SOURCE NATURALS, INC.
PO BOX 2118, SANTA CRUZ, CA 95062
www.source-naturals.com

