

SOURCE NATURALS®



AMINO ACID SUPPLEMENT

FREE-FORM POWDER

L-METHIONINE

NET WT. 3.53 OZ. (100 GRAMS)

Supplement Facts

Serving Size 1/2 Teaspoon (approx. 1.5 g)

Servings Per Container 66

	Amount Per Serving
Calories	5
L-Methionine	1.5 g†
†Daily Value not established.	

L-Methionine is an essential sulfur-containing, free-form amino acid. It contributes to the synthesis of S-adenosyl-L-methionine (SAME), which is necessary for normal brain function, and L-cysteine, which is a component of glutathione, an important antioxidant molecule in the body. L-Methionine is also a transporter of the antioxidant mineral, selenium.*

Suggested Use: 1/4 to 1/2 teaspoon daily between meals. If you experience stomach irritation, take with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured by SOURCE NATURALS, INC.

