

SeroSyn™ features 5-HTP and theanine to support a positive mood and a restful, relaxed state through beneficially modulating the metabolism of serotonin.*

Directions: Take one capsule three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Not recommended for those under 18 years of age. If taking antidepressant medication, particularly antidepressants such as MAO inhibitors or selective serotonin reuptake inhibitors (SSRIs), avoid use. If you have a medical condition—including symptomatic gastrointestinal disorders, or are taking medication—including over-the-counter cold medicine and high blood pressure medicines, consult your healthcare practitioner before use. Use with caution when driving or operating machinery, may cause drowsiness. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics®**

SeroSyn™

Support for a calm, positive mood*

DIETARY
SUPPLEMENT

90 CAPSULES

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Capsule†

Servings Per Container 90

Amount Per Capsule	% Daily Value
Vitamin B ₆ (as pyridoxine HCl)	10 mg 588%
Folate (as calcium L-5-methyltetrahydrofolate)††	555 mcg DFE 130%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg 10,417%
Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root Extract (standardized to 30% (60 mg) flavones)	200 mg **
L-5-Hydroxytryptophan (L-5-HTP)	100 mg **
Asian Ginseng (<i>Panax ginseng</i>) Root Extract (standardized to 8% (8 mg) ginsenosides)	100 mg **
L-Theanine	80 mg **

**Daily Value not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, silica, and stearic acid (vegetable).

MANUFACTURED BY: METAGENICS
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†Vegetarian capsule

††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany