

PhytoMulti[®] takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.*

Directions: Take one to two tablets once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

For more information: PhytoMulti.com

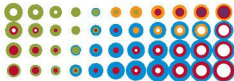


*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Metagenics[®]

PhytoMulti[®] with Iron

Redefine your health potential*



Phytonutrients • Vitamins • Minerals

DIETARY SUPPLEMENT 60 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (from mixed carotenoids and retinyl acetate).....	3,000 mcg..... 333%	Molybdenum (as molybdenum aspartate complex).....	50 mcg..... 111%
Vitamin C (as ascorbic acid and ascorbyl palmitate).....	120 mg..... 133%		
Vitamin D (as cholecalciferol).....	25 mcg (1,000 IU)..... 125%	Proprietary Phytonutrient Blend of:.....	400 mg..... **
Vitamin E (as d-alpha tocopheryl succinate).....	67 mg..... 447%	Citrus bioflavonoid complex (standardized to 45% hesperidin), green coffee	
Vitamin K (as phytonadione USP).....	120 mcg..... 100%	bean extract (standardized to 45% chlorogenic acid), pomegranate whole	
Thiamin (as thiamin mononitrate).....	25 mg..... 2,083%	fruit extract (standardized to 43.2 mg gallic acid equivalents (GAE)), grape	
Riboflavin.....	15 mg..... 1,154%	seed extract (standardized to 85% oligomeric proanthocyanidins), blueberry	
Niacin (as niacinamide and niacin).....	50 mg..... 313%	(Vaccinium spp.) fruit extract (standardized to 20% total polyphenols and	
Vitamin B ₆ (as pyridoxine HCl).....	25 mg..... 1,471%	15% anthocyanins), green tea leaf extract (standardized to 60% catechins	
Folate (as calcium L-5-methyltetrahydrofolate)*.....	1,360 mcg DFE..... 340%	and 40% EGCG), bitter melon fruit extract, prune skin extract (standardized	
Vitamin B ₁₂ (as methylcobalamin).....	200 mcg..... 8,333%	to 50% polyphenols), watercress aerial parts 4:1 extract, Chinese cinnamon	
Biotin.....	500 mcg..... 1,667%	(Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood	
Pantothenic Acid (as calcium D-pantothenate).....	75 mg..... 1,500%	extract (standardized to 6% catechins), rosemary extract (standardized to 7.6%	
Choline (as choline bitartrate).....	25 mg..... 5%	min sum of camosol+camosic acid), artichoke leaf extract (containing cynarin	
Iron (as ferrous bis-glycinate).....	18 mg..... 100%	and chlorogenic acid).....	25 mg..... **
Iodine (as potassium iodide).....	150 mcg..... 100%	Myo-Inositol.....	10 mg..... **
Magnesium (as magnesium citrate).....	40 mg..... 10%	Resveratrol (from Polygonum cuspidatum root extract).....	6 mg..... **
Zinc (as zinc citrate).....	15 mg..... 136%	Lutein.....	6 mg..... **
Selenium (as selenium aspartate).....	100 mcg..... 182%	Lycopene.....	6 mg..... **
Copper (as copper citrate).....	1 mg..... 111%	Zeaxanthin.....	2 mg..... **
Manganese (as manganese citrate).....	0.5 mg..... 22%		
Chromium (as chromium polynicotinate).....	200 mcg..... 571%		

**Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

MANUFACTURED BY: METAGENICS, GIG HARBOR, WA 98332 • 800 692 9400 • METAGENICS.COM

*As Metafolin[®]. Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt, Germany

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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