

Multigenics® Intensive Care without Iron is a potent yet gentle vitamin and mineral formula that features high quality ingredients designed for optimal absorption and bioavailability. Rapid tablet disintegration allows quick release of the micronutrients. This comprehensive formula is suitable for adolescents, adults, and seniors, and features*:

- Calcium L-5-methyltetrahydrofolate—a body-ready folate
- Caro-xan®, our proprietary blend of beta-carotene and Betatene® mixed carotenoids for antioxidant protection

Directions: Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Excess vitamin A intake may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics®**

Multigenics® Intensive Care without Iron

Advanced nutritional support
designed for optimal health*

DIETARY
SUPPLEMENT

180 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

| Amount Per Serving | % Daily Value | Amount Per Serving | % Daily Value |
|--|--------------------------|--|-------------------|
| Total Carbohydrate | 2 g.....1%** | Iodine (as potassium iodide) | 114 mcg..... 76% |
| Dietary Fiber | 2 g.....7%** | Magnesium | 185 mg..... 44% |
| Vitamin A (84% as beta-carotene) | 2,250 mcg.....250% | (as magnesium bis-glycinate and magnesium citrate) | |
| (from mixed carotenoids, beta-carotene, ¹ and retinyl acetate) | | Zinc (as zinc citrate) | 15.5 mg.....141% |
| Vitamin C (as ascorbic acid) | 900 mg.....1,000% | Selenium (as selenium aspartate) | 150 mcg.....273% |
| Vitamin D (as cholecalciferol) | 7.5 mcg (300 IU).....38% | Copper (as copper citrate) | 1.5 mg.....167% |
| Vitamin E | 100.5 mg.....670% | Manganese (as manganese citrate) | 0.75 mg.....33% |
| (as d-alpha tocopheryl succinate and mixed tocopherols) | | Chromium (as chromium citrate) | 150 mcg.....429% |
| Thiamin (as thiamin mononitrate) | 22.5 mg.....1,875% | Molybdenum | 78 mcg.....173% |
| Riboflavin | 25.5 mg.....1,962% | (as molybdenum aspartate complex) | |
| Niacin (as niacinamide and niacin) | 315 mg.....1,969% | Potassium (as potassium aspartate) | 100 mg..... 2% |
| Vitamin B ₆ (as pyridoxine HCl) | 30 mg.....1,765% | | |
| Folate | 1,020 mcg DFE.....255% | Betaine HCl | 131.25 mg.....*** |
| (as calcium L-5-methyltetrahydrofolate) ¹¹ | | Myo-Inositol | 90 mg.....*** |
| Vitamin B ₁₂ (as methylcobalamin) | 150 mcg.....6,250% | Citrus Bioflavonoid Complex | 75 mg.....*** |
| Biotin | 150 mcg.....500% | para-Aminobenzoic Acid (PABA) | 37.5 mg.....*** |
| Pantothenic Acid | 150 mg.....3,000% | Quercetin | 18.75 mg.....*** |
| (as calcium D-pantothenate) | | Mixed Carotenoids | 4.38 mg.....*** |
| Choline (as choline bitartrate) | 90 mg.....16% | (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein) | |
| Calcium (as calcium citrate and microcrystalline hydroxyapatite concentrate) | 370 mg.....28% | | |
| Phosphorus | 60 mg.....5% | **Percent Daily Values are based on a 2,000 calorie diet. | |
| (as microcrystalline hydroxyapatite concentrate) | | ***Daily Value not established. | |

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)], magnesium stearate (vegetable), and silica.

MANUFACTURED BY: METAGENICS
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¹Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

¹¹As Metabolin® U.S. Patent 6,254,904. Metabolin® is a registered trademark of Merck KGaA, Darmstadt Germany

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