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LVE030G1 MCARE

**MethylCare®** is a comprehensive formula that features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—along with N-acetyl-L-cysteine, vitamins B<sub>6</sub> and methylated B<sub>12</sub>, and betaine HCl. Together, these nutrients support methylation, which promotes healthy homocysteine metabolism.\*

**Directions:** Take 2 capsules once daily, or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** If pregnant or nursing, or taking medications, please consult your healthcare practitioner before use. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics®**

# MethylCare®

Support for healthy methylation  
& homocysteine metabolism

DIETARY  
SUPPLEMENT

120 CAPSULES

**PRACTITIONER EXCLUSIVE**

## Supplement Facts

Serving Size 2 Capsules†  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Riboflavin .....	1.6 mg	123%
Vitamin B <sub>6</sub> (as pyridoxine HCl) .....	25 mg	1,471%
Folate (as calcium L-5-methyltetrahydrofolate)†† .....	1,330 mcg DFE	333%
Vitamin B <sub>12</sub> (as methylcobalamin) .....	1,000 mcg	41,667%
Zinc (as zinc citrate) .....	1.5 mg	14%
Manganese (as manganese citrate) .....	0.4 mg	17%
Molybdenum (as molybdenum glycinate) .....	15 mcg	33%
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N-Acetyl-L-Cysteine .....	600 mg	**
Betaine HCl .....	500 mg	**

††Daily Value not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose), silicified microcrystalline cellulose, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

**MANUFACTURED BY: METAGENICS**  
GIG HARBOR, WA 98332 • 800 692 9400  
[METAGENICS.COM](http://METAGENICS.COM)

†Vegetarian capsules.

††As *Metabolin®*. *Metabolin®* is a registered trademark of Merck KGaA, Darmstadt, Germany