Meta-Sitosterol™ 2.0 is a naturally derived vegetable preparation featuring enhanced levels of a balanced concentrate of plant sterols-2 grams per day-which may help to maintain healthy blood cholesterol levels already within the normal range. The National Institutes of Health recommends a healthy diet,

along with the consumption of 2 grams of plant sterols daily, to promote cardiovascular health. Also features the active, preferred form of folate (L-5-methyltetrahydrofolate) to support healthy homocysteine metabolism and cardiovascular health.\* Directions: Take one tablet with each meal or as directed

by your healthcare practitioner.

This product is gluten-free and vegetarian. Caution: Keep out of the reach of children.

Do not refrigerate (Refrigeration may cause moisture condensation).



SUPPLEMENT

90 TABLETS

Metagenics

## Meta-Sitosterol<sup>™</sup> 2.0

Plant sterol complex for support of healthy cholesterol levels\*

Supplement Facts

	Per Serving (1 Tablet)			Per Day (3 Tablets)	
	Amount	% Daily Va	lue Amount	% Daily Valu	
Total Carbohydrate			<1 g	<1%**	
Dietary Fiber	1000 10		<1 g	3%**	
Folate	445 mog DFE	111%	1,330 mcg DFE	333%	
Beta-sitosterol	333 mg	***	1,000 mg		
Campesterol	167 mg	***	500 mg	***	
Stigmasterol	92 mg	***	275 mg	***	
Other Plant Sterols	117 mg	***	350 mg	***	

<sup>\*\*\*</sup>Daily Value not established

Ingredients: Plant sterol complex (soy), microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and calcium L-5-methyltetrahydrofolate' Contains: Sov.

**MANUFACTURED BY: METAGENICS** GIG HARBOR, WA 98332 • 800 692 9400

<sup>1</sup>As Metafolin<sup>®</sup>, Metafolin<sup>®</sup> is a registered trademark of Merck KGaA, Darmstadt Germany,

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease,