

L-Carnitine plays a role in free fatty acid metabolism and metabolic health and is required for the breakdown of fats and glucose into energy. Decreased levels of L-carnitine have been observed during pregnancy, supplementation has been shown to help improve plasma levels.*

Directions: Take one capsule daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian

Caution: If pregnant or nursing consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics**

L-Carnitine

Support for fat metabolism*

DIETARY
SUPPLEMENT

30 CAPSULES

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Capsule†

Servings Per Container 30

Amount Per Capsule

L-Carnitine (as L-carnitine L-tartrate) 500 mg**

**Daily Value not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

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†Vegetarian capsule

