SOURCE NATURALS®

DIETARY SUPPLEMENT

GLYCINE

500 MG • 100 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

	Amount Per Serving
Calories	5
Glycine	1 g†

†Daily Value not established.

Other ingredients: gelatin (capsule), microcrystalline cellulose, colloidal silicon dioxide, and magnesium stearate.

Glycine is a non-essential amino acid that has one of the simplest structures of all the amino acids. Glycine is found in proteins of all life forms, and is important in the synthesis of proteins as well as adenosine triphosphate (ATP).*

Suggested Use: 2 capsules 1 to 2 times daily.

CAUTION: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. If you have kidney or liver disease or are anuric, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1604 REV A112

Manufactured for:
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