

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# GARLIC & PARSLEY

**TASTELESS & ODORLESS**

**250 SOFTGELS**

## Supplement Facts

Serving Size 2 Softgels

Servings Per Container 125

|                                                          | Amount Per Serving | %DV |
|----------------------------------------------------------|--------------------|-----|
| Calories                                                 | 10                 |     |
| Calories from Fat                                        | 10                 |     |
| Total Fat                                                | 1 g                | 2%* |
| Garlic Oil (equivalent to 500 mg of fresh garlic)        | 10 mg              | †   |
| Parsley Seed Oil (equivalent to 100 mg of fresh parsley) | 400 mcg            | †   |

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

Other ingredients: soybean oil, gelatin, purified water, glycerin, and silica.

**Suggested Use:** 1 to 2 softgels daily with meals.

**NOTE:** If you are pregnant, may become pregnant, or breast-feeding, consult your health care professional before using this product.

Garlic and its key constituents have been the subject of hundreds of scientific studies. Garlic has been used around the world for thousands of years for its nutritional value. Parsley is a favorite herb for salads, and cooking. It also is refreshing and soothing and contains easily assimilated essential minerals.

Source Naturals **GARLIC & PARSLEY** oil contains true oils of garlic and parsley seed, extracted from whole fresh garlic bulb and parsley seed, and suspended in pure soybean oil. It is a convenient way to receive the benefits of garlic and parsley seed in concentrated form, without the taste and odor.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Contains no yeast, dairy, egg, gluten, corn or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

SN0216 REV L101

Manufactured for  
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