

SOURCE NATURALS®



DIETARY SUPPLEMENT

FLAX SEED- PRIMROSE OIL

OMEGA 3,6,9 EFA COMPLEX

1,300 MG • 90 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving	%DV
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Saturated Fat	0 g	<1%
Trans Fat	0 g	†
Flaxseed/Primrose Seed Oil Complex	2.6 g	†
Yielding <i>omega</i> -3, <i>omega</i> -6 & <i>omega</i> -9 fatty acids:		
<i>alpha</i> -Linolenic Acid (ALA)	880 mg	†
Linoleic Acid	846 mg	†
Oleic Acid	260 mg	†
<i>gamma</i> -Linolenic Acid (GLA)	94 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels twice daily with meals.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Source Naturals **FLAXSEED-PRIMROSE OIL** provides *omega*-3, *omega*-6, and *omega*-9 essential fatty acids (EFAs). EFAs act as precursors to molecules such as prostaglandins, thromboxanes and leukotrienes, which help regulate cellular function. EFAs have been shown to play a role in blood pressure maintenance, sustaining healthy skin and providing nutritional support during women's cycles.*

Flaxseed oil, a vegetable source of *alpha*-linolenic acid (ALA) and evening primrose oil, a natural source of *gamma*-linolenic acid (GLA), provide a potent combination of EFAs.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for
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