

SOURCE NATURALS®



DIETARY SUPPLEMENT

DIM

(DIINDOLYLMETHANE)

100 MG • 120 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin E (as vitamin E succinate)	50 IU	167%
Diindolylmethane (DIM)	100 mg	†
Phosphatidyl Choline	25 mg	†
Black Pepper Fruit Extract (BioPerine®)	3 mg	†

†Daily Value not established.

Other ingredients: microcrystalline cellulose, magnesium stearate, colloidal silicon dioxide, and stearic acid.

Contains soy.

DIM is an indole phytochemical that is a natural metabolite of compounds found in cruciferous vegetables such as broccoli, Brussels sprouts and cabbage. In animal and *in vitro* studies, DIM has been shown to lead to the preferential formation of estrogen metabolites that are correlated with healthy breast, endometrial, and cervical tissues.

This unique property sets DIM apart from other plant nutrients. Source Naturals DIM is combined with phospholipids, vitamin E and BioPerine® for enhanced absorption.*

Suggested Use: 1 to 4 tablets daily with meals.

WARNING: Do not take this product if you are pregnant, may become pregnant, or breastfeeding, or are taking immunosuppressive therapies.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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